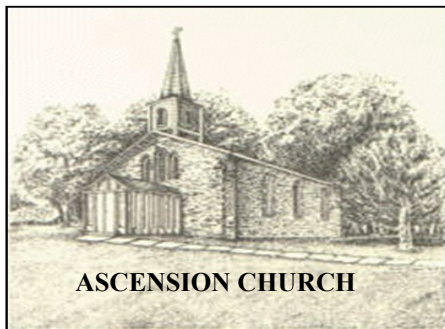


THE COMMUNICANT

ASCENSION HOLY TRINITY EPISCOPAL PARISH

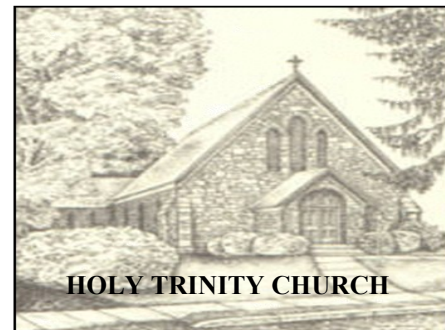


ASCENSION CHURCH

MARCH 2011

Special Points of Interest:

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- *Church Mice* Page 3
- *News from the Cemetery* Page 4
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HOLY TRINITY CHURCH

THE RECTOR'S SECTOR

BY REVEREND JENNIFER BARROWS

I sat in on one of the ministry team discernment meetings after Compline the other day and came away floating on clouds of faith and hope. It was the Worship Team. Their task was to articulate a purpose for worship. That may sound like a "Duh" moment to anyone who has not yet met with their own team, but it is anything but Duh. Yes we are the Episcopal Church and worship is not just part of what we do, it is who we are – Sunday worship, week day worship, prayers at home, prayers at work, prayers at meals. Everything we do comes out of the womb of our worship. Assuming that, just because it is who we are, is one thing. Articulating it is

quite another. You try doing it. This team was on a journey using our baptismal vows as a map and our parish's core values as their walking stick and Jesus of the gospels as their guide. Worship is essential, deeply, personally meaningful for every member of the team, but time after time the baptismal vows and the values and Guide Jesus kept pushing them out into the community until they were saying things any theologian would be happy to have said. I know many teams are frustrated, feeling pushed way past their comfort zones, feeling this discernment stuff is for professionals, not for lay people; feeling

they want to jump into doing things, not "waste" time trying to figure out what the parish is actually called to do. But hang in there. You are doing your faith, not just feeling it. This is the parish's Mary moment, sitting at the feet of Jesus, listening intently. Our Martha moment will come. And if we have spent enough time and energy as Mary, our Martha time will be full of grace.

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Lenten Soup Supper

As of this printing, we are a go for the Lenten Soup Supper on March 20. There is still plenty of time to order more suppers. If you indicated that you want to help, you will be contacted. Scheduling is still being worked on. Tentatively we will be making the soup on Saturday, March 19. It is hoped that we will be at Ascension kitchen that day. Coleslaw will be made sometime during the week before. Reminder that soup pick up will be after Sunday service at each church. Thank you for making this happen! For order & volunteer form—See page 7, or look for it at the back of either church! Mary M^cMullen

Ascension Church
P O Box 52
1585 Route 9W
West Park, NY 12493

Priest-in-Charge: The Rev. Jennifer Barrows
Deacon: Teri Crawford Jones

Holy Trinity Church
P O Box 1512
21 Lower Grand St.
Highland, NY 12528

VESTRY VOICES

BY GEOFF JONES

By now, I'm sure that almost everyone has heard about the ministry teams that have gotten together to plan out our new path as a church. Groups have been formed to cover such areas as communications, education, spirituality, cemetery, vestry, ECW, altar guild, fund raising and several more. We want to insure that every parishioner has a voice in the process and an equal share in the work needed to succeed. I know that some people may not have been asked to be a member on one of these teams, yet, so on behalf of Mark El-

lison and myself, we would like to ask for help on our vestry ministry team. A change of events has left an opening or two on our team and we are anxious to continue the work of redefining and strengthening our church. Please lend a hand and a mind- we need your help and your heart. I'm sure there will be questions, so feel free to contact me after church, or you can call 691-8245 evenings, or email me at stixjones@optonline.net. I'm looking forward to hearing from you and appreciate your consideration.

FROM THE DEACON'S DESK

BY DEACON TERI CRAWFORD JONES

Origins and Customs of Lent

Ash Wednesday, which we will observe on March 9, marks the beginning of the 40 days of Lent, which end with the celebration of Palm Sunday on April 17. I looked up "Lent" in the Catholic Encyclopedia and found that the word *Lent* is Teutonic and originally meant the spring season. Since the Anglo-Saxon time, Lent has been used to translate the Latin term *quadragesima*, meaning "forty days." The number 40 has been associated with the days and nights that Moses was on the mountain with God, during which time he neither ate nor drank, with Elijah who walked 40 days and nights to Mount Horeb, and the 40 days and nights that Christ spent in the desert before beginning his ministry. There is also the belief that Christ was in the tomb for 40 hours.

Lent is associated with the old custom of fasting before Easter. In the fifth century in Rome, Lent was observed for six weeks with fasting during the week (but not the weekend) of the first, fourth, and sixth

weeks. What the fast included varied. Socrates says that in the fifth century, "Some abstain from every sort of creature that has life, while others of all the living creatures, eat of fish only. Others eat birds as well as fish, because, according to the Mosaic account of the Creation, they too sprang from the water; others abstain from fruit covered by a hard shell and from eggs. Some eat dry bread only, others not even that; others again when they have fasted to the ninth hour (three o'clock) partake of various kinds of food." Some were even more rigorous. Some Christians were expected to pass twenty-four hours or more without food of any kind, especially during Holy Week, while the more austere actually subsisted during part or the whole of Lent upon one or two meals a week. But the ordinary rule on fasting days was to take but one meal a day and that only in the evening, while meat and, in the early centuries, wine were entirely forbidden. During Holy Week, or at least on Good Friday, it was common to eat a diet of dry food, bread, salt, and vegetables.

In later centuries, the fast included abstaining from all meat and from things that come from flesh including milk, cheese, and eggs. Dispensations were granted if a contribution was made to some pious work. These dispensations were known in Germany as Butterbriefe, and several churches are said to have been partly built by the proceeds of such exceptions. One of the steeples of Rouen cathedral was for this reason formerly known as the Butter Tower. This general prohibition of eggs and milk during Lent is perpetuated in the popular custom of blessing or making gifts of eggs at Easter, and in the English usage of eating pancakes on Shrove Tuesday.

Over the years, modifications have been made to the observance of Lent. Catholics are still encouraged to fast on Ash Wednesday and Good Friday, and to abstain from meat on the other Fridays of Lent, the faithful abstain from meat. People are still encouraged "to give up something" for Lent as a sacrifice and to perform spiritual works.

Ministry Team Conveners met on February 20th and 27th. March 20th was set as the target date for ministry purpose drafts. Participants shared team progress. Consensus was introduced as the decision making process

of choice for ministry team work. The next Conveners' meeting will be held on March 20th, 2011. Details to follow. As always, we invite, welcome, encourage all ministers to participate.

by Mary Ellison

Pampered Chef Party-A Success

The Pampered Chef Party held in January made \$332.00 for our Roof Fund. We had a successful turn-out. Consultant Frances Hales demonstrated mini frittatas. Not only did she give us 20% of the total spent, but she also gave us a gift for the kitchen: much needed measuring cups. Thanks to all who participated and to Franny Hales for being so generous.

by Mary M^cMullen

Church Mice by Rozann Cady

We have "poor church mice" at Ascension church. It is unclear how they survive on candle wax.

At times we put decorations on the window sills. The mice eat the decorations and might get some nourishment. Good for us! One of my thoughts is that they have eaten all the chewable parts of the old organ donated by Father Parker. Not sure if leather is very nourishing.

Back to candle wax. We noticed that the little critters would climb up the spiral candlesticks and chew at the candles' bottoms. One day it appeared a candle was about to topple. Deb and I put out some candle holders on the Credence table and that did slow them down. The candlesticks have shelf-like platforms – tough for mice to navigate. At least I hope they won't learn something new.

When going home after church one Sunday we were listening to a gardening show on the radio. A product called Mouse Magic was being advertised. Peppermint oil was also mentioned. I went to Adams to see if they carried Mouse Magic and did not find it. Then I went to my cupboard to find oil flavorings I have

used to make candy. If you ever go into Ascension and smell some minty stuff it is our work. Colleen is the one who remembers to add it to the bottoms of the candles.

A few weeks ago Deb and I planned to clean the balcony. She was held up at work and I started without her. On one of the pews was the old purple funeral pall. It was folded there because there is no room in the Sacristy drawers. I dragged it down the stairs and outside. I then realized I should have waited for Deb because I saw evidence of chewing. I am always more brave when I have someone with me. Through my mind came the idea, "Would I find a nest with babies?" Fortunately, no babies. I think at one time it must have been a nursery because the fabric does not appear to be a favorite to chew or eat.

My hope is that they will all move out to live somewhere else. The parish hall is another place where mice live. One year, many of us saw mice looking down on us from the top of the stone wall at Ascension parish hall as we were eating our St. Patrick's Day dinner!

PARISH AND COMMUNITY DEVELOPMENT

BY MARY E. ELLISON

March is here with its first tentative days of spring and the tough Lenten work of reflecting on what it means to live our lives based on Christ's ministry. The spiritual mining work. The praying and the deeper thinking, listening and looking. The work that belongs to all of us. The work of considering how our beliefs and feelings, our actions and decisions bring us-- and those around us-- closer to Christ. We discern.

Ministry teams have been doing this kind of work for a while now, discerning how our ministries are using God's gifts to proclaim God's love, how they represent Christ in the world, and how they impact lives. We've been discerning purpose. Each ministry team, guided by its purpose, will work through the planning, prioritizing, and visioning processes right on into AHT's new life where we are closer to Christ. Proclaiming God's love. Spreading the Good News truly. Growing in faith. Praying. Sharing God's gifts to us. Transforming lives. Coming together to worship. Creating disciples. Striving for justice and peace. "Doing" fellowship. Belonging and learning to love the family of God...

Whew! This is **sooo** "priest-y," right? And, it's a good thing those ministry teams are figuring all this out, right? Truth is, we need **you**. God needs you. You and your gifts: your time, your talent, your experience, your opinions, your love-- for God, for yourself, for others, for AHT. The work belongs to all of us. And, it's not just the Bible or our Baptismal promise that tell us so. It's spelled out for us in our Catechism... remember? BCP, page 855: "Q. Who are the ministers of the Church? A. The ministers of the Church are lay persons (that's us), bishops, priests, and deacons." Imagine that: lay persons **first** in the ministry line! The work really does start with us, and you can read more of the catechism to find out exactly what the job entails. It's certainly not joining a committee to save the clubhouse. Or the church building.

Each of us is a minister for the Church, big "C" and little "c," whether or not we currently serve on a ministry team. Not committee members. Ministers. Vital organs in the body of Christ. Working together, using our unique gifts wisely and generously, we keep that body functioning, not just for today, but also for the future God is calling us to build. So please, fel-

low ministers, bring your time, your talent, your experience, your opinions, your love—to a ministry team. Help us figure out what it is that God wants us to do. Then, help us figure out how to do it. Then, help us take it out into the world. What better way to "do" Lent? What better way to prepare for new life?

Below is a list of Ministry Team contacts:

Altar Guild/Worship:

Mary Palmateer; maryegrandma6@aol.com; 845-691-4048

Cemetery:

Emily Lai-Sampson; EHLai@juno.com; 845-416-8928

Communications:

Mary McMullen; MaryOM@hvc.rr.com; 845-795-2502

Education:

Teri Jones; terijones@optonline.net; 845-691-8245

ECW/Missions:

Janet Valk; janetpurplebear@optonline.net; 845-702-2547

Joan Wright; joanbw3@yahoo.com; 845-795-2195

Stewardship:

Mary Ellison; maryelled@hvc.rr.com; 845-834-6014

Vestry:

Geoff Jones; stixjones@optonline.net; 845-691-8245

**Cartoon of the Month**

NEWS from the Cemetery

by Emily Lai Sampson

This past December, volunteers from Esopus Fire Department cut down selected trees on the cemetery grounds. A neighbor has graciously volunteered to remove the wood piles once the snow clears. This will hopefully allow for more light and scale back overgrowth, especially in the southeastern rear section of the cemetery. Many thanks to the Esopus Fire Department!

Future projects for the cemetery include creating a path linking the rear portion of the cemetery and Black Creek with the main cemetery grounds; and also having the lawn maintenance crew continue to reclaim overgrown portions of the cemetery so that more of the cemetery can be utilized. It is the Cemetery Ministry Team's vision to eventually have seating areas where visitors can feel free to enjoy the natural beauty of the cemetery and contemplate God.

Our annual springtime cemetery grounds "clean up" day is scheduled for Saturday, May 14th starting at 9AM (rain date May 21st). Your volunteer labor will be much appreciated. Come out and join us. It's a good way to enjoy the spring weather! For more information, call Len and Emily Lai Sampson at 845-416-8928.

Ascension Cemetery is located ¼ mile north of the Church of the Ascension on Route 9W. Its earliest burials date back to the early 1700's. Ascension Cemetery is an integral part of the Ascension Holy Trinity Parish heritage. Ascension Cemetery continues to be an active cemetery with sites still available.

**"Confirm not Conform,"
A different path to Confirmation:
September 2011-June 2012**

Ulster clergy have begun conversations about joining together, beginning in September 2011, to prepare young people for confirmation at the Cathedral in the spring of 2012. The curriculum we're recommending is called "Confirm not Conform."

Writers of the curriculum realized that we needed a new message and new methodology for preparing kids for confirmation. It had to be about respecting the growing empowerment of the youth as well as the onset of more responsibilities for adults. They wanted to show, both in content and form, that we believed the kids to be capable of making their own faith choices. The task was to expose them to ideas, religions, experiences and concepts, and let the Holy Spirit and their own engagement do the rest. The pro-

gram needed to focus more on their questions than our answers, and put leaders in the role of companions and guides rather than instructors.

The result is this curriculum, "Confirm not Conform," a program that celebrates young people's spirituality, creativity and responsibility. You can find out more about it at the following web site: confirmnotconform.com.

Besides preparing our youth for confirmation, participating churches want to form a youth group as well. So, all youth, whether they have been confirmed or not, are invited to join. If you know a young person, ages 12 to 16 (about), who would like to participate, please let me know.

"Confirm not Conform" also has a program for adults. We would like to bring this program to the parish as well.

Deacon Teri

The Communications Ministry Team has met three times since January 3. Members of the team include Mary M^cMullen (facilitator), Michele Card, Susan Peters, Mark Ellison and Teri Jones. There is always room for more. We have been discerning our purpose and preparing our purpose statement, as well as examining ways to improve the effectiveness of our ministry. Tasks that need addressing are the newsletter, website up-dates, Sunday bulletin, information management, parish directory, and public relations. If you have any concerns, please feel free to contact Mary M^cMullen at 795-2502 or email me at MaryOM@hvc.rr.com.

~Some More Truths to Ponder ~

- ✚ As a child of God, prayer is kind of like calling home every day.
- ✚ Blessed are the flexible, for they shall not be bent out of shape.
- ✚ When we get tangled up in our problems, be still, so God can untangle the knot.
- ✚ Silence is often misinterpreted, but never misquoted.
- ✚ We do not remember days, but moments. Life moves too fast, so enjoy your precious moments.

**ALTAR GUILD NOTES
BY MARY PALMATEER**

Jennifer Wilson and Mary Palmateer are scheduled for the month of March at Holy Trinity.

Rozann Cady, Deb Avery, Colleen Mercer, and Mary Ellison are scheduled for Ascension.



Godly Play Sunday School is offered the first two Sundays of each month.

Callie Hershey, Teacher; Mary Palmateer, Doorkeeper; Adriene Dedrick, and Christina Ellison, are Shepherds.

PARISHIONER OF THE MONTH

BY DEBRA AVERY

For the past few months we have gotten to know some of our long time parishioners a little better, so I thought it was time to raise up the youngest. Eva Margaret Barrows was born October 23, 2009 at the Northern Dutchess Hospital Birthing Center in Rhinebeck. Mamma Elizabeth had to endure some rough labor before Eva was finally brought into this world. Oh, but when it finally happened, what a wonderful sound that first cry was to all those eagerly awaiting her arrival!

Interviewing Eva was not as easy as you might think. You have to be trilingual in order to accomplish this feat. There's a little bit of baby language, some grown up words, and lots of sign language. Right from the get-go we knew Eva was no ordinary child, so it is not surprising that at 16 months she can communicate so effectively. This morning we were trying to count up the words she knows and understands, whether spoken, sign, or both; but, each time we thought we had counted them all, we came up with more. What makes this especially nice for us adults is that when she wants something, more often than not, she can actually ask for it. She signs or asks to be changed or to have a bath. She signs and says milk and wawa (water). She asks for crackers, yogurt, bananas, apples, eggs and cheese. Each day it seems she surprises us with something new. It may be something that she has been shown before and she has



Eva Margaret Barrows

just made the connection, or it may be something that she just learned, but either way, she is full of surprises.

One of the things Eva obviously remembers from her first few months is swaddling. As much as she initially fought it, swaddling had a very calming effect, especially when it was accompanied by rocking and a song. Eva now uses this method to comfort not only her dolls, but anything else she happens to have in her hands...the cats, a box, books, bowls, or a wooden spoon – it doesn't matter: if you love it...swaddle it.

As her mommy leaves for work early Sunday mornings, Eva watches, waves goodbye, blows kisses, and yells "love you". Then she looks for Rozann to arrive. You can hear her saying "Hi Ro" as she watches out the kitchen window. Eva enjoys going to church and has frequented both services of late. She enjoys her Grummy's sermons, and occasionally does a little preaching herself. She has gotten to know many members of her parish family by name and is content with being held by any number of them, but

especially the men. Sorry ladies, but facts are facts. Not only has Eva been known to preach back to her Grummy, but she shouts out "Amen" when she hears us do the same. At the 10:30 service, she loves the music and the bells. She enjoys sitting with Richard and listening to him play. Ohhh, and when he lets her play a few notes, well now THAT is heaven!! But perhaps her favorite thing is the passing of the peace. If she is awake, that is. She now not only extends her hand but says "peace" as well. And she gets to be held by Grummy for a few minutes, too!

A few days during the week Eva attends The Park Center Day Care and Nursery where she gets to learn and play with children of her own age. Her best friends at school are Nate and Zoe. Eva definitely knows them by name because when I asked her about them, she got very excited and told me a tale that I didn't quite understand, but it sounded like fun to me. But alas, Nate is moving up from "Puppies and Kittens" to the next level and will no longer be in the same room with Eva. She will miss him there, but luckily will get to see him at "Music Together" where Eva and mommy go as often as they can, to share music and dancing in a really fun place. They use instruments to make noise with and sing songs and dance around – oh yeah, even the kids join in sometimes.


Some of Eva's fa-

vorite things are books, books, and more books. She can occupy herself for good amounts of time reading her books. It's a wonderful thing to watch her sitting on the floor with an open book, talking a mile a minute. She loves music and dancing and will dance herself dizzy if you let her. She loves puppets, too! She just got several new ones while visiting Mohonk with Mommy, Grummy, Uncle James and Aunt Eva. By the way, uncle is the newest word in Eva's vocabulary. She has been practicing it since Thursday and pretty much has it down. Eva also loves visiting with her sister, Maya, and helping her with her homework.

Some of her favorite shows to watch are Shaun the Sheep, Pingu, and of course Elmo. Basically, just about anything with music will grab her attention as well, even the ever-popular Deacon Teri birthday cards! Eva is also quite the mimic. She will repeat just about anything you say, so we are trying to be very, very careful.

Watching Eva grow has been quite an experience. Her mom has an amazing gift in her abilities as a mother and teacher. Talk about the gifts we are given! What more wonderful gift than that of a child. Let us be thankful for the gift of Eva and ALL our children. May God give us strength and patient wisdom as we bring them up, and maybe we may teach them to love whatever is just and true and good.

March 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
KEY: HE - Holy Eucharist ASC - Ascension Church HT - Holy Trinity Church APH - ASC Parish Hall HTPH - HT Parish Hall		1 Vestry Meeting APH 7:30 pm ~ Lindsay DeCandio ~	2 HE ASC 7 pm ~ Barbara Maynard ~	3 Compline HT 7 pm Ministry Team Mtgs Communication 3:03 pm HTPH Altar Guild/Worship 7:30 pm HTPH ~ Callie Hershey ~	4	5
6 HE ASC 8 am HT 10:30 am Sunday School 10:15 Godly Play HTPH Lenten Soup Order Deadline Shrove Sunday Pancake Brunch 11:30 am HTPH	7	8 ~ Marissa Heptinstall ~ ~ Peter Fluchere ~ ~ Jim Sampson ~	9 HE ASC 7 pm ASH WEDNESDAY Service: 12:00 noon HT 7:00 pm ASC	10 Compline HT 7 pm ~ Jonathan Heptinstall ~	11 Lenten Film Festival 7:00 pm APH ~ John Canner ~	12 ~ Victoria Waldow ~ ~ Ed Suliveras ~
13 HE ASC 8 am HT 10:30 am Sunday School 10:15 Godly Play HTPH St. Patrick's Luncheon 11:30 Daylight Savings ~ Sarah Clark ~ ~ Dawson Waldow ~	14 ~ Marj Lomoriello ~ ~ Greg Dedrick, Jr ~	15 Communicant Articles Deadline 10:31 pm to Mary M ^c Mullen	16 Evening Prayer ASC 7 pm	 Compline HT 7 pm	18 Lenten Film Festival 7:00 pm APH ~ Erica Sairrino ~	19 Tentative Soup Making Day ~ Elizabeth Barrows ~
20 HE ASC 8 am HT 10:30 am Children's Service Lenten Soup Pick-up Conveners' Meeting ~ Kaylee Lewis ~	21 ~ Peter Bellizzi Jr. ~	22	23 HE ASC 7 pm	24 Compline HT 7 pm ~ John Rote ~	25 Lenten Film Festival 7:00 pm APH ~Peter Lai-LePage~	26
27 HE ASC 8 am HT 10:30 am Both Services: Laying on of Hands Anointing for Healing	28	29	30 HE ASC 7 pm ~Jean Roumelis~ ~Haley Berry~ ~Reina Werner~	31 Compline & Bible Study HT 7 pm	Lenten Film Festival Continues April 1, 8, and 15 7:00 pm Ascension Parish Hall ~ Birthdays ~	

INREACH and OUTREACH

Rummage Sale

It's that time of year again. Time to clean out the closets for spring. As you are doing this chore, please consider donating your unwanted items to the Ascension Holy Trinity

(or HAT) Rummage Sale. The Rummage Sale will take place on Saturday April 30, 2011 from 9:00 a.m. to 3:00 p.m. in the Ascension Church Parish Hall. We will accept spring clothing in good condition, household items and furniture. PLEASE DO NOT DONATE

UNDERWEAR OR TEE SHIRTS!!!! For health reasons we are not allowed to sell underwear or Tee Shirts. Also, please make sure all of the clothing items are clean and in good condition. Household items should be in good condition as well. We would greatly appreciate

help setting up the Friday night before, selling the day of and cleaning up at the end. The most help is needed setting up the night before and cleaning up. What ever time you can spare will be appreciated. Thanks! **By Janet Valk**



FAITH AND BEGORRAH!

Saint Patrick's Day is just around the Corner! Our annual Saint Patrick's Day Luncheon will be on March 13th at 12:00 at Holy Trinity Parish Hall. Please join us in some good food and good company. If anyone would like to help with the cooking or baking, please contact Michelle Card at 795-2859.

Community Action

We collect food for the Community Action Food Pantry every week. I take the donations there at the end of each month so that they can have them to distribute at the beginning of the next month. At this time, we are the only Church in the area that does help them out, but they do receive donations from other

groups. Many of the people they help have lost their jobs or have other reasons for needing help. They are always very grateful for anything that we give them, even if it isn't so much. They particularly ask for tuna, canned goods, and baby food. I would like to thank everyone who helps out with their donations.

By Mary Palmateer

Lenten Soup Supper Is Back!!!!

The Lenten Soup Supper is back! I always looked forward to the Lenten Soup Supper: a quart of luscious homemade soup, coleslaw, a roll and cookies. Several years ago we stopped offering the Lenten Soup Supper. Why? Many reasons, including the fact that there weren't enough people to work it and not enough orders to make a profit. However, I think we can change that and I would like to try, but with some modifications.

We will still offer the quart of luscious soup, coleslaw, a roll and cookies, but on a prepaid order basis only. We need at least 50-60 prepaid orders for this project to be a go. **We Got It! Barely, so we can still use more!** It will be take-out only and **pick-up on Sunday, March 20 after each church service.** If you are interested, please fill out the order form and work sheet if you'd like to help. Orders will be taken until Sunday, March 6. You can place orders in the collection plate, mail them to me, or email them. And, if you know of folks outside our parish who used to buy the supper or who might be interested in another great meal from AHT, then please spread the word. Let's make this work!!!! If there are any leftovers on that Sunday, you may purchase them for \$9.00.

Contact: Mary McMullen: 17 Clarke's Lane, Milton, NY 12547, 795-2502, or MaryOM@hvc.rr.com.

[TEAR OFF ORDER FORM]

Lenten Soup Supper - \$8.00 Pre-Order
 Quart of Beef Soup
 Coleslaw, Roll, and Cookies

Name _____ Phone number _____

Email _____

Number of Suppers _____ @ \$8.00 each Total \$ _____

Make check out to: Ascension Holy Trinity

Work or Help out?

Make Broth _____ Make Cookies _____ Package Suppers _____
 Make Soup _____ Make Coleslaw _____ Shop _____ Other _____

March Important Dates & Events

Tue.	Mar. 1	7:30 pm	Vestry Meeting at Ascension Parish Hall
Sun.	Mar. 6	10:15 am	Sunday School "Godly Play" at Holy Trinity Parish Hall
		11:30 am	Shrove "Sunday" Pancake Brunch at Holy Trinity Parish Hall
			Lenten Soup Order Forms Due
Wed.	Mar. 9		ASH WEDNESDAY Services: 12:00 Noon at HT 7:00 pm at Ascension
Sun.	Mar. 13	10:15 am	Sunday School "Godly Play" at Holy Trinity Parish Hall
		12:00 Noon	St. Patrick's Luncheon at Holy Trinity Parish Hall
Tue.	Mar. 15	10:31 pm	Newsletter Articles Deadline to Mary M ^c Mullen
Sun.	Mar. 20	10:30 am	Children's Service at Holy Trinity
			Lenten Soup Dinner pick-up after each service
		11:45 am	Conveners Meeting
Sun.	Mar. 27		Laying on of Hands & Anointing for Healing at Both Services

Lenten Film Festival Nights: Fridays: March 11, 18, 25, and April 1, 8, 15 7:00 pm Ascension Parish Hall

Coming in April:
Easter Sunday April 24th
Rummage Sale April 30th

Completing and returning a **Resource Miner** is an act of Stewardship. Have you taken this step?

If you are reading this in **Black and White**, then you really need to sign up to receive The Communicant in **Color**— by Email. It's much faster than snail mail! (It's also cheaper for us, and better for our environment) Just send a request to AH1873@Verizon.net and put "Communicant Request" as the subject. This month and future issues will be delivered right to your computer!

We welcome your suggestions, comments, and, as always, your assistance in producing and publishing The Communicant. We also encourage you to share your views (on just about anything) in the "Parish Perspectives" column. To submit comments, an article or editorial, please contact us at AH1873@verizon.net, with subject line: Attn: **Communicant**.

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